

**UPPER LIMIT TIMES**  
**ENTRY TIMES SHOULD BE EQUAL TO OR SLOWER THAN THESE LIMITS**

<b>MALE/OPEN UPPER LIMIT TIMES - LONG COURSE</b>									
<b>Stroke</b>	<b>Distance</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16/O</b>
<b>Freestyle</b>	<b>50m</b>	31.00	31.00	30.00	27.00	26.00	25.00	24.00	23.00
	<b>100m</b>	1:07.00	1:07.00	1:07.00	59.00	56.00	54.00	52.00	51.00
	<b>200m</b>	2:26.00	2:26.00	2:26.00	2:08.00	2:04.00	2:00.00	1:55.00	1:53.00
	<b>400m</b>	5:30.00	5:30.00	5:14.00	4:51.00	4:47.00	4:16.00	4:14.00	4:07.00
<b>Breaststroke</b>	<b>50m</b>	41.00	41.00	40.00	36.00	33.00	32.00	31.00	30.00
	<b>100m</b>	1:29.00	1:29.00	1:25.00	1:16.00	1:12.00	1:09.00	1:05.00	1:03.00
	<b>200m</b>	3:20.00	3:20.00	3:00.00	2:44.00	2:39.00	2:33.00	2:18.00	2:16.00
<b>Backstroke</b>	<b>50m</b>	36.00	36.00	36.00	32.00	29.00	28.00	27.00	26.00
	<b>100m</b>	1:18.00	1:18.00	1:18.00	1:06.00	1:04.00	1:02.00	58.00	57.00
	<b>200m</b>	2:57.00	2:57.00	2:50.00	2:22.00	2:18.00	2:14.00	2:05.00	2:03.00
<b>Butterfly</b>	<b>50m</b>	34.00	34.00	32.00	31.00	28.00	27.00	24.00	23.00
	<b>100m</b>	1:19.00	1:19.00	1:15.00	1:06.00	1:03.00	1:00.00	55.00	54.00
	<b>200m</b>	3:20.00	3:20.00	3:00.00	2:27.00	2:22.00	2:16.00	2:04.00	2:04.00
<b>Medley</b>	<b>200m</b>	2:48.00	2:48.00	2:39.00	2:25.00	2:21.00	2:16.00	2:08.00	2:06.00
	<b>400m</b>	NA	NA	6.08.00	5.25.00	5.09.00	4.40.00	4:40.00	4.40.00

<b>FEMALE UPPER LIMIT TIMES - LONG COURSE</b>									
<b>Stroke</b>	<b>Distance</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16/O</b>
<b>Freestyle</b>	<b>50m</b>	31.00	31.00	30.00	28.00	27.00	27.00	26.00	25.00
	<b>100m</b>	1:09.00	1:09.00	1:09.00	1:01.00	1:00.00	58.00	57.00	56.00
	<b>200m</b>	2:26.00	2:26.00	2:26.00	2:13.00	2:10.00	2:08.00	2:06.00	2:04.00
	<b>400m</b>	5:20.00	5:20.00	5:06.00	4:46.00	4:41.00	4:33.00	4:30.00	4:24.00
<b>Breaststroke</b>	<b>50m</b>	41.00	41.00	41.00	36.00	34:00	32.00	32.00	32.00
	<b>100m</b>	1:29.00	1:29.00	1:25.00	1:18.00	1:15.00	1:14.00	1:12.00	1:11.00
	<b>200m</b>	3:20.00	3:20.00	3:00.00	3:00.00	2:50.00	2:44.00	2:36.00	2:33.00
<b>Backstroke</b>	<b>50m</b>	36.00	36.00	36.00	32.00	31.00	30.00	30.00	30.00
	<b>100m</b>	1:18.00	1:18.00	1:18.00	1:09.00	1:06.00	1:05.00	1:03.00	1:02.00
	<b>200m</b>	2:50.00	2:50.00	2:40.00	2:27.00	2:23.00	2:21.00	2:16.00	2:13.00
<b>Butterfly</b>	<b>50m</b>	34.00	34.00	34.00	31.00	30.00	28.00	28.00	27.00
	<b>100m</b>	1:15.00	1:15.00	1:10.00	1:07.00	1:05.00	1:03.00	1:01.00	1:00.00
	<b>200m</b>	3:06.00	3:06.00	3:06.00	2:31.00	2:27.00	2:25.00	2:20.00	2:17.00
<b>Medley</b>	<b>200m</b>	2:48.00	2:48.00	2:45.00	2:30.00	2:27.00	2:25.00	2:22.00	2:18.00
	<b>400m</b>	NA	NA	5.45.00	5.31.00	5.09.00	5.07.00	5.07.00	5:05.00

**LOWER LIMIT QUALIFYING TIMES:  
ENTRY TIMES SHOULD BE EQUAL TO OR FASTER THAN THESE TIMES**

<b>MALE/OPEN LOWER LIMIT TIMES - LONG COURSE</b>									
<b>Stroke</b>	<b>Distance</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16/O</b>
<b>Freestyle</b>	<b>50m</b>	46.0	44.0	40.0	38.0	35.0	33.0	31.0	30.0
	<b>100m</b>	1.40.0	1.37.0	1.33.0	1.24.0	1.19.0	1.14.0	1.11.0	1.09.0
	<b>200m</b>	3.40.0	3.35.0	3.20.0	3.03.0	2.50.0	2.35.0	2.30.0	2.25.0
	<b>400m</b>	6.45.0	6.40.0	6.30.0	6.15.0	5.45.0	5.30.0	5.10.0	5.00.0
<b>Breaststroke</b>	<b>50m</b>	1.02.0	1.00.0	57.0	54.0	48.0	44.0	42.0	40.0
	<b>100m</b>	2.10.0	2.01.0	1.50.0	1.47.0	1.39.0	1.34.0	1.28.0	1.25.0
	<b>200m</b>	4.20.0	4.15.0	4.05.0	3.54.0	3.35.0	3.20.0	3.10.0	3.00.0
<b>Backstroke</b>	<b>50m</b>	58.0	55.0	46.0	43.0	40.0	38.0	36.5	35.0
	<b>100m</b>	1.55.0	1.50.0	1.39.0	1.36.0	1.30.0	1.25.0	1.20.0	1.15.0
	<b>200m</b>	3.55.0	3.50.0	3.35.0	3.25.0	3.10.0	2.55.0	2.45.0	2.40.0
<b>Butterfly</b>	<b>50m</b>	58.0	54.0	49.0	46.0	40.0	36.0	34.0	32.0
	<b>100m</b>	2.00.0	1.50.0	1.45.0	1.40.0	1.35.0	1.30.0	1.20.0	1.16.0
	<b>200m</b>	3.50.0	3.50.0	3.45.0	3.40.0	3.20.0	3.05.0	3.00.0	2.55.0
<b>Medley</b>	<b>200m</b>	3.50.0	3.40.0	3.30.0	3.20.0	3.05.0	2.52.0	2.48.0	2.44.0
	<b>400m</b>	NA	NA	6.50.0	6.40.0	6.30.0	6.10.0	5.50.0	5.40.0

<b>FEMALE LOWER LIMIT TIMES - LONG COURSE</b>									
<b>Stroke</b>	<b>Distance</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16/O</b>
<b>Freestyle</b>	<b>50m</b>	50.0	47.0	43.0	41.0	37.0	35.0	34.0	33.0
	<b>100m</b>	1.52.0	1.48.0	1.41.0	1.33.0	1.25.0	1.20.0	1.15.0	1.13.0
	<b>200m</b>	3.40.0	3.35.0	3.20.0	3.10.0	2.50.0	2.45.0	2.38.0	2.36.0
	<b>400m</b>	6.50.0	6.45.0	6.35.0	6.20.0	5.50.0	5.35.0	5.30.0	5.20.0
<b>Breaststroke</b>	<b>50m</b>	1.03.0	1.01.0	59.0	55.0	51.0	47.0	44.0	43.0
	<b>100m</b>	2.15.0	2.08.0	2.00.0	1.55.0	1.46.0	1.41.0	1.37.0	1.34.0
	<b>200m</b>	4.05.0	4.00.0	3.50.0	3.40.0	3.33.0	3.26.0	3.20.0	3.15.0
<b>Backstroke</b>	<b>50m</b>	54.0	52.0	50.0	47.0	44.0	42.0	40.0	39.0
	<b>100m</b>	1.55.0	1.53.0	1.50.0	1.41.0	1.32.0	1.28.0	1.24.0	1.22.0
	<b>200m</b>	3.50.0	3.45.0	3.20.0	3.15.0	3.05.0	3.00.0	2.55.0	2.53.0
<b>Butterfly</b>	<b>50m</b>	59.0	58.0	54.0	48.0	42.0	40.0	38.0	36.0
	<b>100m</b>	1.55.0	1.50.0	1.45.0	1.38.0	1.31.0	1.25.0	1.24.0	1.23.0
	<b>200m</b>	3.40.0	3.40.0	3.30.0	3.25.0	3.20.0	3.10.0	3.05.0.0	3.03.0
<b>Medley</b>	<b>200m</b>	4.00.0	3.55.0	3.45.0	3.35.0	3.15.0	3.10.0	3.05.0	3.00.0
	<b>400m</b>	NA	NA	6.50.0	6.40.0	6.30.0	6.20.0	6.15.0	6.10.0